



نيوم NEOM

## NEOM COMMUNITY SAFE SWIM BADGE

For children aged **10-14** years to be able to swim without parent supervision

### SWIMMING ASSESSMENT

All of the following to be completed at the same time and without the use of any equipment or floatation devices:

- Must be able to swim full length of the pool from shallow end to deep end on the front
- Must be able to tread water for 1 minute in the deep, keeping the end above the water at all times and without touching the wall or floor
- Must be able to climb out of the pool in the deep end on their own without the use of steps or ladders
- Must be able to swim 10m on the front turn around and return to the starting point without touching the wall or floor

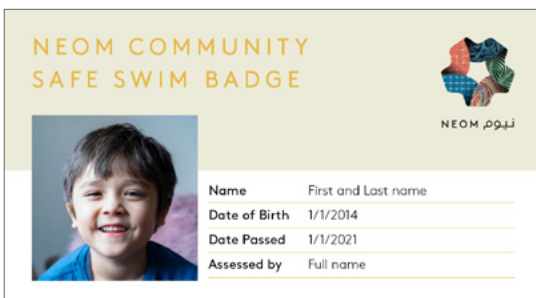
### THEORY ASSESSMENT

All of the following questions should be answered correctly:

- Why is it important to listen to the lifeguard?
- Why should we not run on poolside?
- Give me 3 examples of other swimming pool rules

After successful completion of the 'Safe Swim' test, the child will be able to swim at the pools on their own without their parent when they show their ID badge to the lifeguard at the pool. Photos of the ID on a phone will also be accepted.

An ID example can be seen below:



A picture of the child will be added and then printed and laminated. Records of who has passed the test and holds their 'Safe Swim Badge' will be maintained by Katie. Katie is the only one to conduct the assessment at the moment until others are trained and competent to do so. Assessments will need to be booked in advance by completing the application form below:

# NEOM COMMUNITY SAFE SWIM BADGE APPLICATION FORM

Date of Application Request:

Assessment to be completed at which pool?

## Child details

Name

Date of birth

Age

## Parent details

Name

Email address

Phone number

Community residence

## Office use only

Date application received

Date and time of assessment

Assessor

## Assessment

Practical - to be completed independently without equipment

Pass / fail

Swim a length of the pool on the front from shallow end to deep end without stopping or touching the wall or floor

Tread water in the deep end for 1 minute keeping head above water at all times

Climb out of the pool in the deep end without the use of steps or ladders

Swim 10 metres, turn around and return to the starting point without touching the wall or floor

Theory

Pass / fail

Why is it important to listen to the lifeguard?

Why should we not run on poolside?

Give me 3 examples of swimming pool rules

Assessment outcome:

Pass/fail

Reassessment booked: Yes / No

Date id collected

Id collected by